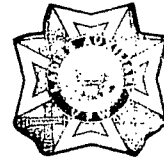


# The Palmer Lake Post



JUNE 2008



Comrades,

Little did I realize 7 years ago when I was elected commander that I would hold that position for seven years. I always wondered what I would say when the time came to write my last column. For those that don't know we will have a new commander starting in July. I am excited for Bob Hystad who was elected at our April meeting as the new commander. Bob will do a great job and he has my total support. I won't be just sitting around however, as the 7<sup>th</sup> District was careless enough to elect me as their commander which means I will now be responsible for 31 other Posts. It should be an exciting time.

As I look back there are so many people to thank who have helped take this Post into the forefront of the organization. If there is anything I have learned it is that if I start naming them I will forget someone so I won't. In this world these past years have probably been the most rewarding of my life. I am so grateful for all of the wonderful people I have met and the friendships formed. It saddens me to think that I will not have my best friend beside me in the years ahead. Of all the people I have met Frank Zeck was the most special and I still miss him every day. His advice and council helped me in all that I do. The world has changed much since I started in 2001. We are now a country in a declared war and we have troops all over the world in harms way. My thoughts and prayers go out to them and their families as they face each day. Only those that have faced danger and separation can know their feelings. I think of other ways our country has changed in the past 60 years. When I look back on WWII and all of the movie stars and athletes that gave up their careers to fight under our flag and were proud of that service, and then those that went to Korea for the same reasons we come to today where it is considered a disgrace by the same Hollywood people to serve. The similarities between Vietnam and today are so alike. Hollywood refuses to serve our country but still feels it should be able to determine who runs our country. Movie stars that have morals of alley cats continue to tell us who are best suited to make rules we all have to live by. We have a press that refuses to print the whole truth, just the parts that fit the agenda they have. I wonder what Ernie Pyle would say about all of the reporters who sit in the best of hotels in Baghdad and send back reports from the "front lines." He, Edward R. Murrow, Walter Winchell and all of the others would be ashamed of the "reporting" of today. It would be so easy to give up but every day I see and talk to the real American people and returning soldiers and they are the ones who still run this country and the people seem to sort through the garbage and figure out the truth. As long as that happens our great nation will survive.

The last thing I want to say is be proud of your Post. We have come so far but have further to go. Support your elected officers. You support them best by being a part of what goes on here both in the club room and the Post side. There are so many opportunities to serve so please become involved in some of the activities. By doing so we all help each other and the veterans we support. God Bless all of you and thank you from the bottom of my heart for allowing me to be your commander. And last thank you to all of my family for your support for without it none of this would have been possible. For the last time.....

Yours in Comradeship,  
Lee Ulferts  
Commander

**Men's Auxiliary**

*The Spring Sportsman's Raffle went well with numerous regular VFW members as winners. Because of conflicts with summer activities we will have our June through August meetings on the first Tues. of the month at 6:15 .Last week we sold poppies and a big THANKS to those members who helped out! If you have any membership issues or want to get signed up see Rod Oppegard / Sr. Vice. If you have any community service to report contact Stuart Ruud / Jr. Vice and he will document it for you! The officer's voted in at the April 2008 meeting are:*

- President- Gary Lind*
- Sr. Vice- Rod Oppegard*
- Jr. Vice- Stuart Ruud*
- Adjutant- Lenny Medearis*
- Treasurer- James Pearson*
- 1year Trustee- Vance Gust*
- 2year Trustee- Dale Palm*
- 3year Trustee- Dan Maahs*
- Champlain- Dale Palm*

*Remember, meetings are held each month on the first Tues. at 6:15. Come and make your thoughts known and be involved.*

*Respectfully  
Gary Lind  
President*

**LADIES AUXILIARY**

**Pancake Breakfast June 22**

**Steak Fry is June 20.**  
Does anyone want to try a special needs program for our female service people?? Please contact me!!

**Post Officers**

- Lee Ulferts – Cmdr.
- Lee Mudge – Sr. Vice
- Scott Bill– Jr. Vice
- Ray Trebus - Qtmstr
- Don Nelson – Adjutant
- Jim Evans – Chaplin
- Steve Cosgrove – Judge Adv.
- Chuck Kashmark–Surgeon

**Post Meeting  
Wednesday 7 PM  
June 11, 2008**

**Ladies Auxiliary  
Officers**

- Kim Mudge-President
- Lorraine Zech- Sr. Vice
- Jill Morton-Jr. Vice
- Gaye Palmquist-Secretary
- Pam Johnson-Treasurer
- Francesca Bill-Conductress
- Doris Chvestiuck-Guard
- Judy Hystad-Chaplain
- Dorothy Clarke-Pat. Inst.
- Annette Jarosz -Trustee  
3yrs
- Silver Whelan– Trustee 2 yr
- Linda Cosgrove–Trustee

**Ladies Auxiliary Meeting  
Tuesday 6:30 PM  
June 10, 2008**

*Men's Auxiliary Office*

- Gary Lind-Pres
- Rod Oppegard – Sr Vice
- Matt Jorgenson – Jr Vice
- Lenny Medaris – Sec.
- Jim Young – Treas
- Vance Gust-2 Yr Trus
- Dale Palm-Chaplin

**Men's Auxiliary Meeting  
Wednesday 6:00PM  
June 4, 2008**

Dear Sisters,

Elections were held at our April meeting and I am very proud to be serving as your President for another year. Our new Sr. Vice is Jill Morton our new Jr. Vice is Francesca Bill and our new Conductress is Lorraine Zech. Congratulations to them!! Other positions remain the same and thanks to those Ladies for their continued contributions.

Our District Meeting and Convention was terrific. We received several awards and certificates including 1<sup>st</sup> place for Community Service and 1<sup>st</sup> place for our poppy hat!! Following the meeting was our District Installation of Officers. I was very proud to be a part of that. I was installed as Color Bearer and look forward to serving our new President Reva Swanson in this next year.

It was great having the Vets here for steak fry. I know they love these outings and the good food. Thanks to all who helped make that happen!!!!

We will continue our program of making donations to the VA Hospital, Home and MAC-V. If you can contribute, please do so.

Memorial Day is right around the corner. We will be discussing events at our next meeting. Please try to attend. Again, I urge you to contact me if you have a desire to start some new programs to support our women Vets at home and overseas.

Did you know any volunteer hours you do count for the Auxiliary? Report your volunteer time to Jill Morton, our JR Vice President.

Please contact the Post or Judy Hystad at 763-561-9122 about any illness or deceased members. For Post questions call 763-560-3720

We are still paying the first \$50.00 for life membership. So come in and sign up for it. Know somebody who is eligible for membership—sign 'em up!!!!

I wish those who are under the weather a very speedy recovery and my heart felt sympathy to those who have lost a loved one. You are in my prayers.

Loyally,  
Kim Mudge

CLARENCE LABELLE VFW POST 217 JUNE NEWSLETTER

Commander - C. Quigley 763 424 6417  
Auxiliary President - L. Sather 763 550 1978

Comrades and sisters of VFW Post 217, I want to take a moment to thank someone from 3915. One who along with his post & auxiliary have helped our post in many ways. Palmer Lake will have a new commander in June and we wish Bob Hystad a good year. We will be in the wings to help him in any way possible. Out going commander Lee, words are hard to find to thank you for what you have done for me personally but also our post and auxiliary. A simple thank you does not cut it but I am at a loss for another word, so THANK YOU, God Bless and good luck as 7th District commander I know you will do a superb job.

I want to thank those Post & Auxiliary Members who worked on the Poppy Program. (Don Fox, Eileen Nelson, Petty Raggazo, Candy Pelz, Jim Dwyer, Bobby Holberg, Lois Sather and I also helped out.) We have a great Post and Auxiliary. I also have to thank my brother Frank for his part in our program, he is there when I need him!

Invitations will be out soon. Watch for them!

Till next time,  
Chuck Quigley Commander Post 217

**From:** Chris Pangalos [mailto:Chris-Pangalos@carolina.rr.com]  
**Sent:** Sunday, April 13, 2008 11:23 PM  
**Subject:** US IN IRAQ

Gentlemen

I am an Australian and my son is an Australian - as far as we are concerned there is no place on God's earth better than Australia, and there are no people better than Australians. That was until the past week or so. My son is in the Australian Army and he is currently on deployment in Iraq. I can not go into his duties in great depth, but shall we say that he and his fellow army buddies are on a glorified guard duty looking after the Australian Embassy. They don't go out looking for "action", though it is a different story in Afghanistan, there the Aussie troops chase the baddies over the hills and into the valleys. My son and I just ended a long 'phone conversation and here are some of his comments, believe me this is what he said. We have all seen the bullshit emails written by some clown in his lounge room pretending to be at the coal face, but this is what was said: "Before I came over here I thought we (the Australian Army) were pretty shit hot..... was I ever wrong!....The Yanks (I hope you don't mind me using that word) are so professional from the top to the bottom that it is almost embarrassing to be in their company, and to call yourself a soldier....don't get me wrong, we are good at what we do but the Yanks are so much better....they are complete at what they do, how

they do it and their attitude is awesome....they don't complain they just get on with the job and they do it right.

"I carry a Minimi (SAW) so I am not real worried about a confrontation but I tell you I feel safer just knowing that the US Marines are close by....If we got into trouble I know that our boys would come running and we could deal with it but they would probably be passed by a load of Hummers. No questions asked, no glory sought, the Americans would just fight with us and for us because that is their nature, to protect those in need of protection "We use the American Mess so you could say that we are fed by the Americans.....they have every right to be pissed at that but they don't bitch about that they just make us feel as welcome as possible....what gets to me is that the Yanks don't walk around with a "we are better than you attitude" and they could because they are, they treat us as equals and as brothers in arms. If nothing else, coming here has taught me that the Americans are a truly great Nation and a truly great bunch of people. "Let's face it they don't HAVE to be here, they could stay in America and beat the shit out of anyone who threatened them, BUT THEY ARE HERE because they believe they should be here, and the Iraqis would be screwed if they weren't here.....When I come home, you and I we are going to the US, we will buy some bikes and we are going riding...." The reason why I am sharing this with you is because I realize that you (as a nation) must get pretty pissed with all the criticism you receive by the so-called "know it alls" who are sitting at home - safe. The reality is that they are safe, just as I am, because of America. If the world went arse up tomorrow there is little we (Australia) could do about it, but I know that the Americans would be there putting themselves on the line for others. That to me is the sign of greatness.

The most precious thing in my life is my son, I look at him and I thank God that I am fortunate enough to be able to spend time in his company. We laugh, we discuss, we argue, we dummy spit, we have the same blood. I am not happy that he is where he

is but that is his duty. He joined the Army to protect and to defend, not to play games. I mightn't like it but I accept it. My reasons for not liking it are selfish and self centered. I felt assured that he would be safe because he is in a well trained army with an excellent record, BUT NOW, I feel a whole lot better knowing that he is with your sons, daughters, brothers and sisters. Whilst he was growing up, I was always there to look after him, I would not let harm befall him and I would always put myself before him to protect him. I can't do that now. When it comes to looking after him now he and his mates will do the job, but also THANK GOD FOR AMERICA. Gentlemen, I have rambled on for too long. But as I finish I say to you, as a foreigner and outsider, a nation is only a collection of its people and its attitude is the attitude of its people, collectively and as individuals. I am really glad you are here on this Earth and I respect you as a nation and as people. Stand up and feel proud because you deserve it, there is no one else who will do what America does without question. The next time someone howls you down, take some comfort in the fact that America is defending their right to act like an idiot.

Finally, thank you for looking after my son.

Peter Turner

**May 2008**

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# June 2008

**July 2008**

S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Race Sunday	2 5:30 Members Drawing	3 5:30 Guest Drawing 5:30 Meat Raffle 6:00 Horseshoes	4 5:30 Auxilairy Drawing 6:00 Men's Auxiliary Meeting	5 6:30 Bar Bingo	6 7:30 Y'all Come DJ 5-8:00 BUCK BURGER NIGHT IS BACK!!!!!!	7 3:30 Meat Raffle 7:30 Kareoke
8 Race Sunday	9 5:30 Members Drawing	10 5:30 Guest Drawing 5:30 Meat Raffle 6:00 Horseshoes 7:00 Post #3915 Women's Auxiliary Meeting	11 5:30 Auxilairy Drawing 7:00 Post #3915 Meeting	12 6:30 Bar Bingo	13 7:30 Y'all Come DJ 5-8:00 BUCK BURGER NIGHT IS BACK!!!!!!	14 3:30 Meat Raffle 7:30 Kareoke
15 Race Sunday	16 5:30 Members Drawing	17 5:30 Guest Drawing 5:30 Meat Raffle 6:00 Horseshoes	18 5:30 Auxilairy Drawing 7:00 Post #217 and Auxiliary Meeting	19 6:30 Bar Bingo	20 7:30 Y'all Come DJ 5:30 Steak Fry	21 3:30 Meat Raffle 7:30 Kareoke
22 Race Sunday 10:30 Pancake Breakfast	23 5:30 Members Drawing	24 5:30 Guest Drawing 5:30 Meat Raffle 6:00 Horseshoes	25 5:30 Auxilairy Drawing	26 6:30 Bar Bingo	27 7:30 Y'all Come DJ 5-8:00 BUCK BURGER NIGHT IS BACK!!!!!!	28 3:30 Meat Raffle 7:30 Kareoke
29 Race Sunday	30 5:30 Members Drawing					

**PALMER LAKE VFW POST 3915  
2817 BROOKDALE DRIVE  
BROOKLYN PARK, MN 55444-1844**

**CLARENCE LABELLE POST 217**

**NEWSLETTER ENCLOSED**

**NONPROFIT ORG.  
U. S. POSTAGE  
PAID**

**MINNEAPOLIS, MN  
PERMIT 3421**

**A Cardiologist died and was given an elaborate funeral.  
A huge heart covered in flowers stood behind the casket during the  
service.**

**Following the eulogy, the heart opened, and the casket rolled inside.**

**The heart then closed, sealing the doctor in the beautiful heart  
forever.**

**At that point, one of the mourners burst into laughter. When all  
eyes stared at him, he said, 'I'm sorry, I was just thinking of my own  
funeral.....I'm a Gynecologist.'**

**The Proctologist fainted.**